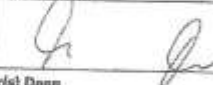


Florida State College at Jacksonville  
Curriculum Proposal Form


Proposal Information (Place an "X" in the box next to those that are applicable.)

Title	Yoga ( DAN 2761) New AA elective course.				
Action(s)	<input checked="" type="checkbox"/> New Course	<input type="checkbox"/> Modify Course	<input type="checkbox"/> Inactivate Course		
	<input type="checkbox"/> New Program	<input type="checkbox"/> Modify Program	<input type="checkbox"/> Other	Use this space to describe action.	

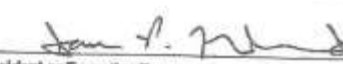
Faculty Proposal Originator(s)

Name(s)	Tatani Torres				
Telephone No.	904-646-2361	Email	ttorres@fsjc.edu		
Signature					Date
					09/06/2016


Faculty Originator(s) Dean

Name(s)	John Fields				
Provision	<input checked="" type="checkbox"/> Support	<input type="checkbox"/> Do Not Support	<input type="checkbox"/> Support with Conditions Noted		
Conditions					
Signature					Date
					10/5/16

Faculty Originator(s) School Of Executive Chair/Campus President

Name(s)	LARS P. NEUMANN				
Provision	<input checked="" type="checkbox"/> Support	<input type="checkbox"/> Do Not Support	<input type="checkbox"/> Support with Conditions Noted		
Conditions					
Signature					Date
					10/28/16


Associate Vice President or Executive Dean

Name(s)	Dr. Nancy Webster				
Provision	<input checked="" type="checkbox"/> Support	<input type="checkbox"/> Do Not Support	<input type="checkbox"/> Support with Conditions Noted		
Conditions					
Signature					Date
					12/6/16

Curriculum Committee Chair (Faculty Senate Chair)

Name(s)	Dr. John Woodward				
Provision	<input checked="" type="checkbox"/> Support	<input type="checkbox"/> Do Not Support	<input type="checkbox"/> Support with Conditions Noted		
Conditions					
Signature	Approved via electronic vote				Date
					12-15-16

Vice President of the College/Provost or Designee

Name(s)	Dr. John Wall				
Provision	<input checked="" type="checkbox"/> Support	<input type="checkbox"/> Do Not Support	<input type="checkbox"/> Support with Conditions Noted		
Conditions					
Signature					Date
					1/12/17

Curriculum Services Only CS20150730	Date Received by Curriculum Services:	11-3-2016	Proposal Assigned Tracking Number:	2016-13
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**CURRICULUM ACTION INFORMATION**

***(For assistance, contact Curriculum Services at 632-3273. The curriculum package will be returned if incomplete)***

1. **Identify the effective semester for implementation:** Spring 2017 (20172)  
This term should be a future term that would not affect current students negatively. All actions in this package will be effective during the term indicated, unless otherwise reflected. Example: Fall Term, 2012 (20131). Please refer to SACS guidelines in item 5 and Financial Aid guidelines in item 6 when selecting appropriate effective semester.
2. **Program proposals** require the following: Program Information (*Program layout for college catalog must be included-see most recent catalog for format and inclusion, you may request from Curriculum office*) OCP and workforce credit information must be included for all PSAV programs. **If applicable program layout must include information about “Record of Conviction of a Crime”, drug screen, background check, immunizations and any other information required for licensing or certifying agents.** All new programs must include information regarding Program Integrity.

**All new programs and program modifications with significant changes must include a copy of the program assessment plan. Advisory committee minutes, detailing employer support for the new program or changes should also be included if applicable. Curriculum packages missing these elements if applicable to the program will be considered “incomplete” until received.**

**(Please “X” that you have included the following with your curriculum submission or indicate “n/a”):**

N/A Program Assessment Plan (required for new programs and significant program modifications)  
N/A Advisory Committee Minutes (if applicable, required for support of new program or requested changes)

***Complete the following for all program submissions:***

Program Title: Associate in Arts

Program Code: 1108 (for new programs, please contact Curriculum Services for code assignment)

Degree Type: A.A.

School and Area (used for College Catalog): School of Liberal Arts, Communication and Education

State CIP number: 1192401010 Federal CIP number: 240101

*(New programs only, unless State requires change)*

TABE SCORES (must be included for all new PSAV programs): N/A

SOC NAV# (if appropriate, assigned by MEI): N/A

***Program information from most recent catalog must be included with changes identified.***

**Please note: If a program is no longer active or students will not be able to complete the program as originally registered, Program Inactivation form and paperwork must be submitted to Curriculum Services.**

3. **Limited Access** - Limited Access programs are those that limit the admission of prospective students on the basis of capacity (i.e., the number of students whom the program can accommodate because of available seats).

Is this program limited access? \_\_\_\_\_ Yes  No

If yes, please describe criteria.

4. **Additional Program Requirements:**

**(1.) Selective Access-** Selective access programs are those that admit prospective students who meet specific admissions criteria, including, without being limited to, grade point average (G.P.A.), entrance exams, scores, letters of application, letters of reference and/or professional background criteria (e.g., criminal background check, drug screening, medical examination, and/or professional licensure or certification).

If this program is selective access, list requirements here, or you may insert on the catalog page included in this proposal. **N/A**

**(2.) Occupation and Salary** - The following information is required by the FLDOE to provide detailed information to students leading to occupation and salary (**must be included for all new programs or to submit changes to existing information**).

For each of your Programs of Study, take the salary information from the Florida Department of Economic Opportunity, Occupational Employment and Wages <http://www.floridawages.com/eds.php> for each Standard Occupational Code (SOC) associated with your program of study.

SOC Code:       N/A        
Job Occupation:       N/A        
Entry Salary:       N/A        
Median Salary:       N/A      

**Questions 5-7 are for new programs, substantially modified programs only, please review questions to assure you have met compliance and questions do not apply to this proposal submission.**

5. **SACS Information** is required for all new and substantially modified programs: **N/A**

Please answer the following questions to determine if you should complete the **substantive change intake form**:

- (1.) Does this involve development of a new degree or certificate program?
- (2.) Does this new degree or certificate program involve a contract, MOU, grant, or consortium for the development or construction of all or part of a program or certificate? (This applies whether the College is outsourcing instruction or our College is providing the instruction for another organization or company.)
- (3.) Will this new degree or certificate program be offered via distance education?
- (4.) Does this involve instruction of courses delivered by Florida State College at Jacksonville instructors/employees at an off-campus location?
- (5.) Does this involve the closure of a program or certificate?

If you answered yes to one or more of the self-assessment questions above, please complete the **substantive change intake form** found on the College's website: <http://www.fscj.edu/district/institutional-effectiveness/coc-substantive-chg.php> and return it, along with a copy of the curriculum proposal, via e-mail to the Office of Institutional Effectiveness and Accreditation. New programs or programs that require substantive change will require more time for approval. Please factor in time in implementation date.

6. **Financial Aid** (State requires 90 days response time on all **new eligible program**). Please identify by “yes or no” if this program is eligible for Financial Aid or any other Federal Funding. If so, identify specifics. **N/A**

**A financial aid eligible program would be:**

**At a school that qualifies as an institution of higher education, the following types of programs are eligible for federal student aid purposes:**

- Program leads to an associate, bachelor’s, professional, or graduate degree.
- Program of at least 2 academic years in duration that is acceptable for full credit toward a bachelor’s degree,
- Program is at minimum of 1 academic year in duration that leads to a certificate, degree, or other recognized credential and prepares students for gainful employment in a recognized occupation (at least 600 clock hours or 24 credit hours).

If you answered yes to any of the above, this program must be SACS and state of Florida approved. Please make sure your effective term incorporates length of time to get appropriate approval.

7. Is this program identified as **gainful employment** (yes or no, include explanation)? \_\_\_\_\_ Yes  No

- 
8. **Course Information** (Course Information includes (if applicable) (list prefix, number and title, credit hours and contact hours. Course Outlines must be included for all new and modified courses.
- a. **New Courses:** (SCNS website: [http://scns.fldoe.org/scns/public/pb\\_index.jsp](http://scns.fldoe.org/scns/public/pb_index.jsp) will assist in course number selection.) List recommended prefix/number, title, credit hours, and contact hours as appropriate. (example: ENC 1101 English Composition I 3 credit hours/3 lecture hours) **DAN 2761 Yoga / 3 credit hours / 3 contact hours**
- b. **Course Modifications:** (course outlines are located at: <http://curriculum.fscj.edu/> and may be used to insert in package so modifications can be applied. Please make sure all changes are shown on outlines.) Modifications should be shown with strike-thru and either **RED** font for add or **highlights**, but changes should be clear. **DO NOT USE “TRACK” CHANGES IN WORD.**) (example: TRA 2222 Transportation I, change title to: Transportation; credits hours from 3 to 4) **N/A**
- c. **Course Inactivations (list prefix and number of each course):** **N/A**
9. **Identify if this is a General Education Requirement and if required** specified Category (Communication; Humanities; Mathematics; Natural Sciences (Biological or Physical, option A or B if appropriate) or Social & Behavioral Sciences.) – **ALL GER REQUIRED COURSES MUST BE SUBMITTED TO GER-SUBCOMMITTEE FOR APPROVAL PRIOR TO SUBMISSION TO CURRICULUM COMMITTEE.** **This is an AA Elective Course**
10. **Effectiveness:** Please describe how current and past students are affected by this change, indicating how you plan to identify and resolve individual issues and how you plan to communicate these changes to affected students. **This is a new course. There are no current or past students that will be affected.**
11. **Method of Instruction:** Should this course be offered in distance learning or other unique instructional format (please specify which format)? Why or why not? For assistance, see website: <http://www.fscj.edu/mydegree/Future-Students/Academics/Distance-Learning-and-Online-Programs.html> **This course may be offered as a hybrid course, combining reflective writing and practices with face-to-face instruction. This course should not be offered in a strictly distance learning format. Due to significant hands-on, physical nature of somatic practices, it is impractical to approach the learning objectives through distance learning alone, rather than face-to-face instruction, in a traditional studio environment, or a hybrid model.**

**12. Background (answer the following questions):**

- Is this a state requirement?
- What is the requirement and why must we implement it?
- Has history shown students need this course/program for some reason?
- Will this meet some specific workforce, university transfer or student success need?
- Are there partners, grant requirements, faculty collaborations or other reasons leading to the development of this course/program?
- Please add any additional information to provide background for this submission.

Course offerings in the Dance Department are predominantly technique based. These cover the basic technical components of various genres of dance. To date, the only designated somatic based course offering is Pilates. The dance faculty is undergoing advanced certification in Yoga, as there are a growing number of dance and movement teachers who are looking to somatic based practices to inform dance pedagogy. The nature of this work is transformative for students, majors and non-majors alike. The benefits of this course extend beyond dance students and help to build and support physical, mental, and emotional health.

**13. Rationale/need for the above action(s).**

- Is there a need for this course/program in our service district?
- How will this impact student success for upper division instruction or job placement?
- If the College already has a similar course/program, why are we developing this program/course and what are the differences between the programs and courses?
- How many students and what businesses or transfer institutions will benefit? Does this course/program support a College goal or initiative?
- Please add any additional information to provide rationale for this submission.

There is a widely recognized and established need for somatic based practices in dance programs nationwide. An increasing number of movement practitioners are realizing the value and benefit of somatic practices to both technique and creative exploration.

**14. Others Programs Impacted:** Programs or courses affected by this proposal: Identify other existing programs of study or courses that this proposal will affect, and explain how they will be affected. (Program title, program code, required or elective). **None**

**15. Articulations:** If there are existing internal or external (inter-institutional) articulation agreements that will be impacted by this proposal request, please identify and contact as appropriate: **N/A**

- Courses intended for transfer and External Upper division articulations (2+2): Contact Liberal Arts Department at 632-3170.
- Internal articulations (PSAV to AS) and external articulations (Industry certification to AS): Contact Workforce Development at 632-3363 to update agreement. Copies of active internal and external agreements can be found here - <https://www.dropbox.com/sh/o39aqev4wqlbny8/AAC2KS5TnxuHIUBTDYfoxxGfa?dl=0>

**16. Financial Information:** Special fees: A Special Fee Request form must be completed and sent to Finance, Attention: Controller. [http://www.fccj.org/campuses/mccs/business\\_services/financial/forms/pdf/special-fee-request.pdf](http://www.fccj.org/campuses/mccs/business_services/financial/forms/pdf/special-fee-request.pdf) Budget and Department must be filled in for all new programs and courses. Please contact the Director of Budget and Financial Planning at 632-3142 with any budget questions.

**Budget number:** 11121000 **Department:** Liberal Arts

***Must be provided for all NEW programs or curriculum package will not go for recommendation.***

17. **Fiscal Notes:** This response must include specific information on the financial impact to students and the institution. This section should be concise, unless there are special circumstances related to the course/program. Please answer the following questions. \*If answer yes, explanation must be included.

- Will there be unusual costs to students?
- Are faculty salaries to teach course/program higher or lower than standard rates?
- Will additional staff or faculty be required, and if so, what are the costs to the institution?
- Will the institution have to purchase additional equipment, supplies, software, and/or materials not currently owned by the College?
- Are there grant or business partnerships that will provide funds to establish the course/program?
- Will business partnerships cover the course/program costs?

There are no additional fiscal implications for the addition of this course. Student costs for materials and supplies associated with this course will remain the same as they have been for similar courses. No additional expenses will be incurred by the institution.

18. **Evaluation:** This response requests specific information on how you will assess the effectiveness of the course/program as it benefits students and the college. This section is also concise but should address the following: **credit transfer course:** review of student enrollment, completion and grades, as well as students ability to move to higher level courses if applicable; **credit or non-credit workforce:** review of student enrollment, completion, job placement, as well as business involvement in development, revision and evaluation of the course/program and student success; and **adult education courses** should include the same information as credit transfer courses but should also include job placement analysis.

This course will be an elective for students. The effectiveness of the course will be assessed annually in a review of student enrollment, including the number of students completing the course and those who have withdrawn, as well as student in-class surveys.

19. Do you feel that this proposal will have any special impact on the recruitment and retention of disadvantaged students? If so, please explain.

This course will be accessible to disadvantaged students as it is to the general population.

20. Answer the following (if appropriate). Earn credit how many times: Once  
Writing Requirements course: \_\_\_\_\_ Yes  No  
Grading Method or any special instructions (if other than standard): Standard

**According to APM 09-0304-Curriculum Approval Process. The curriculum package with appropriate attachments must be e-mailed to [curriculum@fscj.edu](mailto:curriculum@fscj.edu) when finalized. The curriculum services office is located at Administrative Offices.**

**NEW COURSE**

FLORIDA STATE COLLEGE AT JACKSONVILLE  
COLLEGE CREDIT COURSE OUTLINE

COURSE NUMBER: DAN 2761

COURSE TITLE: Yoga

PREREQUISITE(S): None

COREQUISITE(S): None

STUDENT ADVISING NOTES: None

CREDIT HOURS: 3

CONTACT HOURS/WEEK: 3

CONTACT HOUR BREAKDOWN:

Lecture/Discussion: 3

Laboratory:

Other:

FACULTY WORKLOAD POINTS: 3

STANDARDIZED CLASS SIZE  
ALLOCATION: 20

CATALOG COURSE DESCRIPTION:

This course provides students with the performance and application of yoga, through series of basic movement, breathing, and concentration techniques designed to enhance body awareness, flexibility, strength, and balance, and to allow the mind to be focused and centered. This course will utilize lecture, seminar or studio instruction.

SUGGESTED TEXT(S): Handouts

IMPLEMENTATION DATE: Spring Term 2017 (20172) – Proposal 2016-13

REVIEW OR MODIFICATION DATE:

COURSE TOPICS		CONTACT HOURS <u>PER TOPIC</u>
I.	Orientation	
	A. Purpose of Course	5
	B. Methods of Instruction	
	C. Introduction to Syllabus	
II.	Refining Technical Skills	25
	A. Introduction to Anatomy as it Relates to Placement	
	B. Terminology	
	C. Self-Assessment and Analysis	
	D. Preparation, Asanas, and Movement Series	
III.	Curriculum Elements	10
IV.	Assessment	5



SECTION 1			
Course Prefix and Number:	DAN 2761	Semester Credit Hours (Credit):	3
		Contact Hours (Workforce):	
Course Title:	Yoga		

SECTION 2a (To be completed for General Education courses only.)			
TYPE OF COURSE (Place an "X" in the box next to those that are applicable.)			
<input type="checkbox"/>	General Education Core (If selected, core discipline area will be identified in Section 4.)		
<input type="checkbox"/>	General Education (If selected, you must also complete Section 4, Section 5, and Section 8)		
SECTION 2b			
TYPE OF COURSE (Place an "X" in the box next to those that are applicable.)			
X	A.A. Elective	<input type="checkbox"/>	A.S. Required Course
<input type="checkbox"/>	A.A.S. Required Course	<input type="checkbox"/>	A.S. Professional Elective
<input type="checkbox"/>	PSAV/Clock Hour/Workforce	<input type="checkbox"/>	Technical Certificate
<input type="checkbox"/>	Development Education	<input type="checkbox"/>	Apprenticeship
<input type="checkbox"/>	Upper Division/Bachelors	<input type="checkbox"/>	Other: If selected, use this space to title "other" option.

SECTION 3									
INTELLECTUAL COMPETENCIES (Place an "X" in the box next to those that are applicable.)									
X	Reading	X	Speaking	X	Critical Analysis	<input type="checkbox"/>	Qualitative Skills	<input type="checkbox"/>	Scientific Method of Inquiry
X	Writing	X	Listening	X	Information Literacy	X	Ethical Judgement	X	Working Collaboratively

SECTION 4 (To be completed for General Education courses only.)									
GENERAL EDUCATION DISCIPLINE AREA (Place an "X" in the box next to those that are applicable.)									
<input type="checkbox"/>	Communications	<input type="checkbox"/>	Humanities	<input type="checkbox"/>	Mathematics	<input type="checkbox"/>			
<input type="checkbox"/>	Social and Behavioral Sciences	<input type="checkbox"/>				<input type="checkbox"/>	Natural Sciences		

SECTION 5 (To be completed for General Education courses only.)									
GENERAL EDUCATION LEARNING OUTCOME AREA (Place an "X" in the box next to those that are applicable.)									
<input type="checkbox"/>	Communication	<input type="checkbox"/>	Critical Thinking	<input type="checkbox"/>	Information Literacy	<input type="checkbox"/>			
<input type="checkbox"/>	Scientific and Quantitative Reasoning	<input type="checkbox"/>				<input type="checkbox"/>	Global Sociocultural Responsibility		

SECTION 6		
LEARNING OUTCOMES	TYPE OF OUTCOME (General Education, Course or Program)	METHOD OF ASSESSMENT
Students will gain an understanding and knowledge of the practice of yoga.	Course	Class discussion, hand on application in exercises evaluated by professor, and practicum exam
Students will display an ability to interact with movement, balance and fluidity in relation to the practice of yoga.	Course	Exercises assessed by peer evaluation and graded by professor
Students will display an ability to effect modifications and stylistic change in relation to the practice of yoga.	Course	Satisfactory completion of quizzes, papers, and group projects
Students will understand how to critique, analyze and evaluate performance in relation to the practice of yoga.	Course	Satisfactory completion of peer critiques, and presentation/class discussion of processes.

<b>SECTION 7</b>			
Faculty name(s):	Talani Torres	Date:	09/06/2016

CS2015061